

# **Personal Chef Services**

*with Chef Katie Reineberg of Wined and Dined*

## **SAMPLE WEEKLY MENU SELECTIONS**

### **Italian**

Shaved Fennel, Orange and Olive Salad  
Pan-Seared Chicken Parmesan with Whole Wheat Spaghetti  
and Marinara  
Mini Dark Chocolate Cannoli

### **Steakhouse Favorites**

Wedge Salad with Buttermilk-Herb Dressing  
Grilled Hanger Steak with Chimichurri  
Salt-Roasted Fingerling Potatoes

### **Summer Seasonal BBQ**

Chilled Sweet Corn and Grilled Vegetable Salad with Basil Vinaigrette  
Grilled BBQ Chicken Thighs with Orange BBQ Sauce and Apple Cider Slaw  
Cheddar-Chive Cornbread with Salted Honey Butter

### **Spring Seasonal**

Mediterranean Orzo Salad with Cherry Tomatoes and Feta Vinaigrette  
Seared Salmon with Roasted Red Pepper Aioli  
Grilled Asparagus

### **Fall Seasonal Supper**

Roasted Carrot Soup with Lime Crema and toasted Pumpkin Seeds  
Panko-Crusted Chicken Paillard, served over Spinach and baby Kale Salad with  
Roasted Beets, Oranges, Goat Cheese, and Citrus Vinaigrette

### **Winter Seasonal Supper**

Braised Beef Short Ribs  
Mascarpone Polenta  
Roasted Root Vegetables

### **French**

Mixed Green Salad with Lemon Vinaigrette  
Pan-Roasted Halibut with Red Wine Sauce  
Lentil Ragu with Smokey Bacon and Roasted Vegetables

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## **Sample A la Carte Selections**

### **Main Dishes**

- Braised Pork and Veal Meatballs with Tomato Ragu and Polenta
- Chicken and Vegetable Pot Pie with Buttermilk Biscuit Crust
- Thai Beef and Broccoli with Red Curry Sauce and Steamed Brown Rice
- Cheesy Chicken and Broccoli Quinoa Casserole
- Beef Bourguignon with Pearl Onions, Roasted Carrots and Mushrooms, served with Buttered Egg Noodles
- Spaghetti Squash with Turkey Bolognese
- Jambalaya with Chicken, Shrimp, Andouille, Roasted Peppers, Onions, Tomatoes and Brown Rice
- Chickpea-Chorizo Chili with Roasted Sweet Potatoes and Cilantro, served with Avocado-Lime Crema
- Southwest Chicken-Corn Chowder
- Individual Frittatas
- Peanut Butter-Chocolate-Banana Quinoa-Oat Bars
- Individual Breakfast Burritos or Breakfast Sandwiches on Whole Wheat English Muffins